



THE SPRING LAKES PARK
GAZETTE
 AN AGE 55 COMMUNITY

www.springlakespark.org

SLP Contact Information

Park Office: 438-2407, After hours Park Assistant Manager: 818-0902

Contacting the Management Committee: mc@springlakespark.net

OUR 52nd Year

May 16, 2025

WEEKLY ACTIVITIES

<u>FRI. MAY 16</u>		
EXERCISE CLASS		10:00AM
RAGS TO RICHES CONCERT		3:00 PM
<u>SAT. MAY 17</u>		
BI-ANNUAL MEETING		10:00 AM
<u>SUN. MAY 18</u>		
<u>MON. MAY 19</u>		
EXERCISE CLASS		10:00 AM
BILLIARDS		1:00 PM
<u>TUES. MAY 20</u>		
AERO. CLASS		10:00 AM
TEAM MEETING (Party House)		10:00 AM
<u>WED. MAY 21</u>		
LINE DANCING		1:30 PM
<u>THURS. MAY 22</u>		
<u>FRI. MAY 23</u>		
EXERCISE CLASS		10:00 AM

HAPPY BIRTHDAY

KATHY DOTTAI	17 TH
GENE KING	17 TH
LAURA MCCLANATHAN	18 TH
LUPE BARRENFUS	19 TH
TIM SCHEWE	19 TH
KATHY TAYLOR	19 TH
KATHY ROBBINS	22 ND
SUSAN FISHER	23 RD
ELLEN MARUSKA	23 RD

HOMES FOR SALE



96, 107 & 211

From the MC

- The next bi-annual partnership meeting will be held next Saturday, May 17th in the clubhouse at 10 am. **The agenda has been posted on the enclosed bulletin board in the Clubhouse.**
- Road sealing throughout the park is scheduled for the week of June 9th through the 13th. During that time, portions of the roads will be closed or will have limited access. We will announce the work plan with specific areas of closure and dates in the Gazette, but please plan to limit your need to drive during that week, if possible. For example, keep this road work in mind when scheduling appointments or visitors. Thank you!
- We will soon have access to an on-line partner directory that you will be able to access from our new website. This will only be available to partners through a password protected login, and not to the public. The benefit of this is that we will always be able to look up new partners in real time, instead of waiting for the yearly update. We will still distribute a hard copy to residents as well. PLEASE LET MARY FRANK know if you have changed your email address or phone number so that we can get the most accurate information into this directory. You can contact Mary at, officemanager@springlakespark.net or 831-438-2407. A huge thank you goes out to Clark Walliser for his work on getting this information available online.
- See you on the 17th!

Chair Yoga, Mindfulness Living, Meditation

Chair Yoga class weekly on Tuesdays at 3pm.

Reservations required. Please RSVP by Tuesday morning with Tamara at 510-978-8588. If you must cancel, please call Tamara in advance. Thank you!

NOTE: ALL CHAIR YOGA CLASSES WILL NOW BE AT THE PARTY HOUSE

May Classes:

May 20th ~ CANCELLED

May 27th ~ Party House



RAGS AND RICHES CONCERT

FRIDAY, MAY 16th 3:00 – 4:00 pm

Ivan Rosenblum, pianist, Neil Fairbairn, bassoon, and Peter Lemberg, oboe grace our Spring Lakes Clubhouse with a varied program appealing to many different musical palates. Pieces from Baroque Composer, Joseph Boismortier, Theodore Lalliet's Terzetto, Opus 22, Astor Pizzola's New Tango, and Ragtime by Scott Joplin!

JOIN US FOR AN AFTERNOON OF ELEGANT MUSIC



SLP ANNUAL BREAKFAST IN THE PARK!!

**Saturday, June 7th
9:00am – 10:30am**

Menu:

- ~ Hot & Fluffy Scrambled Eggs ~
- ~ "Hot off the Grill" Bacon & Mild Sausage Links
- ~ Breakfast Potatoes ~
- ~ Cinnamon Baked French Toast & Homemade Monkey Bread ~

Featuring:

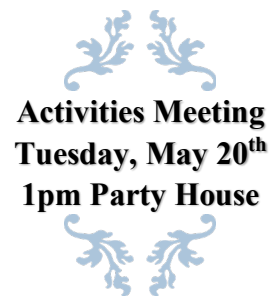
- ~ Homemade Cinnamon Rolls & Homemade Fruit Tarts~
- ~ Fresh Fruit Display & Fresh Fruit Medley with Fresh Lime Juice & Mint ~
- ~ Assorted Muffins & a Large Variety of Coffee Cakes ~
- ~ Coffee & Orange Juice (byo"c" – Champagne, if desired!) ~

Cost: \$15 ~ please make your check payable to Spring Lakes Park and place your reservation at the Lobby Activities drop box.

Please bring **your own** table setting; patio seating available, depending on the weather.

This event sells out early every year! Make your reservation today!

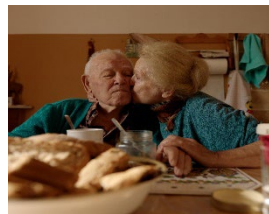
Rainfall .25"



Bunco

Wednesday, May 28, 2025, at 1:30pm in the Club House. If you are new to the game, please arrive at 1pm for instructions. The cost is \$5.00.

PLEASE RSVP by the 27th to Sandy Payton 831-461-1380.



Film & Food Class

Club House

For Foodies & Film Lovers

Monday, June 2nd from 5p to 7pm (please arrive on time)

Films are selected each month by partners.

"Live to 100: "Secrets of the Blue Zones" Netflix Documentary Series.

Dan Buettner travels to different countries (Blue Zones) to explore the lifestyle of its oldest residents. He discovers that their longevity is influenced by a serene way of life and motivated by a sense of purpose that contributes to their health & longevity.

The group will discuss the first two episodes.

Episode 1: "The Journey Begins" in Okinawa, Japan

Episode 2: "An Unexpected Discovery" in Sardinia, Italy

Each partner will bring a dish (Japanese or Italian) to share to honor and celebrate each culture. Partners will discuss their perspectives regarding the film and the deep connection between food, culture, people, families, community, and longevity.

Please RSVP no later than Monday June 2nd by 10am. Please share with Tamara the dish you are bringing. Tamara cell: 510 978 8588

Bring your own table service, napkins, beverage, and cups.

If one has food allergies, special diets, health restrictions they may bring their own food or eat before class.

The goal is to enjoy the film, food, and our community!

SPECIAL NOTE: ALL CLASSES ARE FRAGRANCE FREE, INCLUDING COLOGNE, PERFUME LOTIONS, BODY, AND HAIR PRODUCTS.

SPACE MAINTENANCE REVIEWS

The last week of May the A&L Committee will be conducting the annual space inspections. Some of the things we will be looking at are:

- Weeds, trash & other debris in front or side yard.
- Weeds in awnings or roof gutters.
- Dead shrubs or plants need to be removed.
- Unit skirting needs repair. Cover any holes or openings.
- Bent carport stanchion(s).
- Porch railings/other trims in need of repair or painting.
- Home needs to be washed/painted.
- Clean mailbox

This is only a sample list and is not a complete list of corrections which may be needed.