

THE SPRING LAKES PARK

GAZETTE

AN AGE 55 COMMUNITY

www.springlakespark.org SLP Contact Information

Park Office: 438-2407, After hours Park Assistant Manager: 818-0902 Contacting the Management Committee: mc@springlakespark.net

OUR 52nd Year

July 25, 2025

WEEKLY ACTIVITIES

FRI. JULY 25

SAT. JULY 26

SUN. JULY 27

MON. JULY 28

EXERCISE CLASS 10:00 AM BILLIARDS 1:00 PM

TUES. JULY 29

AERO. CLASS 10:00 AM CHAIR YOGA 2:45 PM

WED. JULY 30

LINE DANCING

THURS. JULY 31

CORNHOLE PRACTICE 6:00 PM

FRI. AUG. 1

HAPPY BIRTHDAY

27^{TH}
28^{TH}
29^{TH}
30^{TH}
30^{TH}
31^{ST}
1^{ST}

HOMES FOR SALE



107, 154

From the MC

- * Canadian Geese please notify the office if you spot any geese eggs.
- * Spa/Jacuzzi the spa/jacuzzi has reopened and the jets are operational. The emergency shut off has been rewired and the timer replaced.
- * Dog Waste Please do not use the trash receptacles in the clubhouse patio area to dispose of dog waste. Please use your own trash receptacles for this.

Chair Yoga, Mindfulness Living, Meditation

NEW TIME-Chair Yoga class weekly on Tuesdays at **2:45 pm in the Party House.**

Reservations required. Please RSVP by Tuesday morning with Tamara at 510-978-8588. If you must cancel, please call Tamara in advance. Thank you! JULY CLASSES: 29TH

SPECIAL NOTE: ALL CLASSES ARE FRAGRANCE FREE, INCLUDING COLOGNE, PERFUME, LOTIONS AND BODY / HAIR PRODUCTS.

Spring Lakes Veterans Meeting

Our second meeting will be on Thursday, July 31st from 3:00 to 4:30 in the Party House.

Light snacks and drinks will be provided.

Any Vet living in Spring Lakes is invited to drop in. We have no agenda...just companionship with others who have served in uniform.

For any questions, email Dick Hancey.



Film & Food Class Club House

Monday, August 4th from 5pm to 7pm Film selected by group: "Chocolat."

This class will be offered on the first Monday of each month. Partners may join anytime.

Watch Party: Call Suzy (209-347-0915), Susanne (831-818-5768) or June (831-295-4537) for more information.

Each partner will bring a dish (and beverages) to reflect the cultures of the film: French. Italian, Spanish & West African. ". Dressing in festive clothing, hats are optional and welcome!!!

Partners will discuss their perspective regarding the film and the deep connection between food, culture, people, families, communities, and lifestyle.

Please RSVP no later than Monday Aug. 4th by 10am, 510 978 8588. Please share with Tamara the dish you are bringing, and any questions regarding participation, food, etc. Please bring your own table service.

If one has food allergies, special diets, health restrictions they may bring their own food and beverage. The goal is to enjoy films, food, and community.

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JON DRYDEN QUARTET NEW YORK AND PARIS VOCALIST ANSON JONES MASTER OF THE DOUBLE BASS JEFF DENSON ACCLAIMED DRUMMER SCOTT AMENDOLA SPRING LAKES PARK CLUBHOUSE WEDNESDAY, AUGUST 6th 5:00 - 7:00 pm COMPLIMENTARY SNACK INCLUDED INVITE YOUR FRIENDS. IT WILL BE FUN! HUGE THANKS FOR SUPPORTING LIVE MUSIC!

YUM, YUM, YUM- Come sign up for the BBQ, Aug. 9th at 1:30pm.



Summer Daze Cornhole Tournament
August 9th at 10 am
Still taking registration for the Cornhole Tournament.
We have 5 team spots left.
Hurry and sign up to join the fun!

SUMMER DAZE IS A FAMILY FUN EVENT, SO INVITE YOUR FRIENDS AND FAMILY, POOL OPEN ALL DAY FOR KIDS!







We will be setting 4 cornhole games up on the grass area next to space 61.

Practice will be on Thursday 7/31 at 6pm. All are welcome, come play, see what cornhole is about or just visit and have fun! Bring your own drinks, chairs, or blankets to sit on.



ROGER GLENN LATIN JAZZ ENSEMBLE SATURDAY, AUGUST 16th 4:00 - 6:30 pm

MULTI-INSTRUMENTALIST ROGER GLENN ON VIBES, FLUTE AND SAX HAS PERFORMED WITH CAL TJADER, HERBIE MANN, DIZZY GILLESPIE, AND COUNT BASIE'S ORCHESTRA! DROP BY THE CLUBHOUSE FOR FUN AND SWINGING LATIN JAZZ!

The new Directories will be printed next week for distribution on Friday, August 1st.

Partners Corner



FOR SALE: Three counter stools 3/\$75 Don Melrose space 215, 831-600-8138